



NATIONAL WHALE AND DOLPHIN WATCH WEEK – LLYN PENINSULA AND YNYS ENLLI (BARDSEY ISLAND)

SATURDAY – FRIDAY 28 JULY – 3 AUGUST 2018

COURSE INFORMATION

INTRODUCTION

This week of sea kayak coaching/guiding and walking will see our groups journeying along the **Llyn Peninsula's coastline in search of cetaceans** for the National Whale and Dolphin Watch Week. Our sightings will be submitted to this annual census to help scientists and conservationists understand better these wonderful sea mammals.

The groups will be based out of Aberdaron at the western end of the **Llyn** Peninsula. Each day will see them venturing out on different journeys, ranging in difficulty from easy to demanding, in search of cetaceans.

PARTICIPANT NUMBERS

The event will be restricted to 12 sea kayaking participants and 12 walkers per day, with 3 sea kayaking coaches and 1-2 coastal walking guides.

PARTICIPANT EXPERIENCE LEVELS

Walking trips – Walks of up to 10 km or 6 miles along the coastline with stops for long breaks at headlands and other viewpoints in search of cetaceans.

Level 1 Paddling Journeys – Ideal for beginners or participants wanting a chilled-out day. The distances paddled will be short <10km on mostly sheltered waters.

Level 2 Paddling Journeys – These journeys may be 15-20 km long on sea with occasional exposure to Beaufort force 4 with waves up to 1m. Paddlers in this group may also enjoy help from tidal currents in their journey. They should ideally be able to: efficiently paddle forward, steer a sea kayak, move sideways and have strategies



to guard against capsizing. The ability to rescue other people and have done some self-rescues would also be desirable for participants on this level journey.

Level 3 Paddling Journeys – These are the most challenging journeys on offer. They require participants to be more self-sufficient, with good awareness of others in their group. Confidence in assessing hazards and comfort in moderate/advanced sea conditions, with Beaufort force 5 winds and 1.5m waves, is necessary. The ability to self-rescue would be useful as would a willingness to carry out deep water rescues or assist with a towline. An understanding of trip planning and navigating is desirable and practice of this will be encouraged.

OUR BASE FOR THE WEEK

Morfa Bach/Mawr Campsite, Aberdaron, LL53 8BG Telephone: 01758 760264

<https://www.facebook.com/MorfaMawr/> Prices: £15 per tent per night or £20 for two sharing a tent per night, i.e. £10 per person.

We will be using Morfa Bach, the campsite closest to Aberdaron. Please feel free to meet us the evening before your course.



Morfa Bach/Mawr
Campsite



THE DAILY ITINERARY

09:00-10:00	Every day of this week’s course will begin at Becws Islyn Bakery’s Café (the impressive building with the thatched roof opposite the Spar/Post Office). We will use this session to organise ourselves and plan our day’s activities.
10:00-16:00	Journeying by sea kayak or foot with your group and coach/guide. Easy – demanding route options. BC 3* Training and Assessment opportunities may be possible during these sessions, in appropriate groups.
17:00-	Optional visit to the Gwesty Ty Newydd pub with the SKW team.

ABERDARON GENERAL INFORMATION AND MORE ACCOMODATION IDEAS

<http://www.aberdaronlink.co.uk>

ARRIVING BY PUBLIC TRANSPORT

SKW can pick up participants from Pwllheli Train or Bus Station. Regular trains serve both Pwllheli and Bangor. If arriving via Bangor train station a bus to Pwllheli, via Caernarfon can be taken.

COURSE PRICING INFORMATION

Participants have the flexibility to book onto between 1 and 7 days of journeys during this week. The booked days do not have to be consecutive. The walker’s prices are for sea kayaking participants or members of their associates.

Number of days booked	Sea Kayakers’ Prices £	Walkers’ Prices £
7	460	90
6	410	85
5	350	75
4	295	63
3	235	55
2	170	45
1	95	25



EQUIPMENT HIRE PRICING INFORMATION

Kayaks and associated paddling equipment can be hired for £15 per day for up to 2 days. Hire for 3 or more days will be charged at a flat rate of £40.

No charge will be made for Pwllheli participant pickups.



Braich Y Pwll, Bardsey Sound



Exploring Ynys Enlli (Bardsey Island) during Level 2 sea kayaking journey.